

JANUARY 2020 NEWSLETTER

St. Bernard's Parish Faith Formation

HAPPY NEW YEAR!

A Christian is one who loves Jesus so much he or she will strive to be like Him. That means we need to first, know Him, and second, know what He taught.

-author unknown

Eighth Grade Prayer List

The Eighth grade will be praying the rosary in preparation for lent. Please sit down, talk to your children, and ask them to pray for someone who needs it in their lives. At the end of this newsletter is a tool to help you recite the Holy Rosary.

-Deacon Glenn

Here is the rosary by New Advent. The tradition in our area has us praying the Memorare in the place of Hail Holy Queen and then the prayer of St. Michael.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Prayer of St. Michael

St. Michael the Archangel, defend us in battle.
Be our defense against the wickedness and snares of the Devil.
May God rebuke him, we humbly pray, and do thou,
O Prince of the heavenly hosts, by the power of God,
thrust into hell Satan, and all the evil spirits,
who prowl about the world seeking the ruin of souls. Amen.



IMPORTANT DATES

FEBRUARY 2

- Candelaria gathering after 11:00 am
Hispanic Mass in St. Damian Gym

FEBRUARY 14



FEBRUARY 21

- Mexican Fish Fry from 4:30 to 7:00 pm
in St. Damian Gym

FEBRUARY 26

- Ash Wednesday - Lent Begins



FATHER ANTHONY'S GUIDANCE

Where there are lies, there can be no love.

Lying or being inauthentic is seriously wrong because it hinders or harms human relationships. Where there are lies, there is no love-one cannot have love.

To live a life "of inauthentic communication" is serious because it obstructs relationships and, therefore, it obstructs love.

"You shall not bear false witness against your neighbor," which, according to the Catechism of the Catholic Church, forbids misrepresenting the truth.

"We are always communicating," whether with words, gestures, one's behavior and even by being silent or absent. People communicate by who they are and what they do, as well as by what they say, which means people are always at a crossroads, "perched" between telling the truth or lies.

"But what does the truth mean?"

It is not enough to be sincere, because someone could be sincere about a mistaken belief, and it is not enough to be precise because someone could hide the full meaning of a situation behind a barrage of insignificant details.

Sometimes, people think that revealing other people's personal business and confidential information is fine also because, "I only told the truth."

Gossip, however, destroys communion by being indiscreet and inconsiderate.

The tongue is like a knife, and "gossip kills," destroying people and their reputation.

"So then, what is the truth?"

The ultimate model of truth is Jesus, who came into the world "to testify to the truth." As He told Pontius Pilate, "Everyone who belongs to the truth listens to My voice," according to the Gospel of John (18:37).

To follow Jesus is to live "in the Spirit of truth" and bear witness to God's truth, merciful love and fidelity.

"Every person affirms or negates this truth with their every act — from minor everyday situations to more serious choices," so people need to ask themselves whether they are upright and truthful in their words and deeds, "or am I more or less a liar disguised as truth?"

"Christians are not exceptional boys and girls. But they are children of the heavenly Father, Who is good, Who does not disappoint and Who puts in our heart the love for our brothers and sisters."

"This truth is not spoken so much with a speech. It is a way of being, a way of living and you see it in every single deed."

"To not bear false witness means to live like children of God who never ever refutes" or contradicts Himself, and never tells lies.

It is living in a way that every deed reveals "the great truth that God is the Father and that you can trust in Him," he said. God "loves me, He loves us and (from that) springs my truth, to be truthful and not deceitful."

Pope Francis

-Fr. Anthony Onyango

THE DEACON'S CORNER

The church seasons change throughout the year. After the Advent and Christmas season, we go back to Ordinary time before we start on Lent.

We stay in ordinary time year 'A' until Ash Wednesday on February 26. This is the beginning of Jesus' ministry from His recognition by John the Baptist to His teaching the disciples the wisdom of turning the other cheek.

Please listen to Jesus carefully and apply that teaching to your own lives.

Just an added note of the importance of the children coming to Mass regularly on weekends with their families. On weekdays they attend Mass during Faith Formation sessions, but the children need to pray with their moms and dads at Mass also on the weekends. Praying together strengthens a family in more ways than we'll ever realize!!!! Joshua says', "as for me and my house, we will serve God".

Thank you for bringing the children to Mass!

-Deacon Glenn

"May you always be doing those good, kind things that show you are a child of God." Phil 1:11

ADORATION WITH BENEDICTION

The Weekly Holy Hour with Benediction held at St. Bernard and St. Damian parishes are as follows:

***Tuesday evenings from 7:00 – 8:00 pm @ St. Bernard (even months - Feb, Apr, Jun, Aug, Oct, Dec)
Wednesday evenings from 7:00 – 8:00 pm @ St. Damian (odd months - Jan, Mar, May, Jul, Sept, Nov)***

Adoration starts at 7:00 p.m. and concludes with Benediction at 8:00 p.m.

Here is a link of things to do during a Holy Hour... <http://www.therealpresence.org/eucharst/pea/holyhour.html>

If you have any questions, please contact me at 314-660-3976.

-Deacon Kevin

THE HISPANIC COMMUNITY

Within the Hispanic community, February begins with the celebration on February 2 of "Candelaria", which is also the Presentation of the Lord, the Purification of Mary and Candlemas. This is the traditional end of the Christmas

season and many families have a special ritual as they put the image of the Child Jesus away for another year. As a community after the 11:00 am Mass there will be a gathering in the gym.

On January 5, when we celebrated the feast of Epiphany, the King cake with three small figures hidden inside, was divided. The families who received a piece with an "infant" will now bring tamales for Candelaria, to be shared by all. Together we say farewell to Christmas.

At the end of February, we begin the season of Lent. Ash Wednesday, Feb. 26, invites us with a full schedule of Masses. In addition, there will be a Service in Spanish at 7:30 pm at St. Damian. With the mark of the ashes we enter into the six weeks to walk with Jesus, with prayer, fasting and almsgiving.

To help us get ready, on Friday, Feb. 21, the women of the parish invite us to the Mexican Fish Fry. A full menu including: Tamales! Fish Tacos! Margaritas!

En la comunidad Hispana iniciamos el mes de febrero con la fiesta de Candelaria el 2, que es también la Presentación del Señor en el Templo, la Purificación de Maria, y el día cuando bendecían las velas para uso durante el año. Este termina la celebración de Navidad. Muchas familias tienen un rito especial con el cual levantan el Niño hasta el año cuando otra vez llega la Navidad. Como comunidad reunimos, después de la Misa, en el gimnasio, esperando los tamales. ¿Porque tamales?

En la fiesta de Reyes, cuando partimos la rosca, a tres personas les tocó un monito, una figura de niño y ahora les toca traer tamales. Juntos nos despedimos de la Navidad.

A fines de febrero entramos en la temporada de Cuaresma. Miercoles de Ceniza, 26 de febrero, con un horario amplio de Misas. Tambien habrá Servicio en Español a las 7:30pm en S. Damian. Con la cruz en la frente, entramos a las seis semanas a caminar con Jeus con oracion, ayuno y sacrificio.

Como un primer paso, las Damas de la Parroquia nos invitan a un Frito de Pescado a estilo Mexicano. El menu complete incluye: Tamales! Tacos de Pescado! Margaritas!

-Sister Ellen Orf


MAREN'S MANGER



FAITH FORMATION WEEKDAY MINISTRY SCHEDULE

NOTE: Weekday masses at St. Bernard are on Tuesdays & Thursdays at 7:45 am

St. Bernard's Weekday Ministry Schedule

Date	Readers	Servers	Cantors	Voc Prayer	Mass Hosting
2/4/2020	Alaina H. Lucero H.	Ana A. Jordan S. Jack R.	Ashlyn Gebke Alaina Huegen	Kailey E.	2nd
2/6/2020	Trevor J. Clayton J.	Corina H. Bradley S. Alex A.	Ashlyn Gebke Alaina Huegen	Kate M.	2nd
2/11/2020	Mallory S. Jake K.	Lydia E. Jacob K. Chloe E.	Tessa Schroeder Jessenia Tehandon	Sam R.	1st
2/13/2020	Mallory S. Cayden L.	Yerian P-C. Jillian K. Quinten E.	Tessa Schroeder Jessenia Tehandon	Cole H.	1st
					
2/18/2020	Avery W. Emiliano N.	Brady R. Coryn T. Modesto H.	Ana Avalos Jordyn Schiefer	Dylan W.	8th
2/20/2020	Kaleb J. Christina R-C	Kalie W. Andrew C. Oliver V.	Ana Avalos Jordyn Schiefer	Waylon S.	8th
2/25/2020	Elliott R. Carson R.	Ashlyn G. Alaina H Kayle R.	Coryn Toennies Kalie Wellen	Liam J.	7th
2/27/2020	Ashlyn G. Kellen R.	Kaleb J. Trevor J. Jack R.	Coryn Toennies Kalie Wellen	Kailey E.	7th

ST. BERNARD WEEKEND MINISTRY SCHEDULE

Date	Communion Ministers	Readers	Ushers	Servers	Collection Counters
Saturday, Feb. 1 st 4:00 pm	Ken Nussbaumer Liz Nussbaumer Melissa Netemeyer	Steve Schomaker	Nick Friederich Kathy Friederich	Coryn Toennies Kaitlyn Toennies Corina Hegger	
Sunday, Feb. 2 nd 10:00 am <i>1st Grade Host</i>	Sharon Wuebbels Roman Kloeckner Robbin Netemeyer	Ray Gill	Kurt Rickhoff Allison Rickhoff Carson Rickhoff Dave Langenhorst	Carson Richter Kellen Richter Eden Rolves	Tim Schroeder Keith Richter Kris Anne Becker
Saturday, Feb. 8 th 4:00 pm	Steve Schomaker Deb Schomaker Kathy Engelmann	Janel Zurliene	Brian Zurliene Brooke Zurliene	Clayton Jansen Rylee Jansen Alex Athmer	
Sunday, Feb. 9 th 10:00 am <i>8th Grade Host</i>	Kristen Templin Lynn Athmer Vicki Pittman	Lynette Huegen	Brian Winkeler Nolan Winkeler John Majchrzak Linda Majchrzak	Bradley Strubhart Mallory Strubhart Jacob Kehder	Lynn Athmer John Majchrzak Vicki Pittman
Saturday, Feb. 15 th 4:00 pm	Liz Nussbaumer Nettie Broeckling Melissa Netemeyer	Ken Nussbaumer	Ed Broeckling Volunteer	Elliott Rakers Tyler Robertson Kalie Wellen	
Sunday, Feb. 16 th 10:00 am <i>7th Grade Host</i>	Roman Kloeckner Meg Schiefer Ray Gill	Sean Kennedy	Ed Wuebbels Sharon Wuebbels Dave Wuebbels Brian Zurliene	Ashlyn Gebke Kaleb Jansen Trevor Jansen	Janel Zurliene Sean Kennedy James Williams
Saturday, Feb. 22 nd 4:00 pm	Steve Schomaker Deb Schomaker Kathy Engelmann	Nettie Broeckling	Nick Friederich Kathy Friederich	Coryn Toennies Kaitlyn Toennies Alex Athmer	
Sunday, Feb. 23 rd 10:00 am <i>6th Grade Host</i>	Lynette Huegen Sharon Wuebbels Robbin Netemeyer	Jackie Farrar	Tom Broeckling Mitchell Broeckling Ken Lake Dana Lake	Tessa Schroeder Matthew Schroeder Elizabeth Schroeder	Tim Schroeder Dana Lake Keith Richter
Saturday, Feb. 29 th 4:00 pm	Ken Nussbaumer Nettie Broeckling Melissa Netemeyer	Liz Nussbaumer	Ed Broeckling Brian Zurliene	Corina Hegger Tyler Robertson Kalie Wellen	
Sunday, March 1 st 10:00 am <i>5th Grade Host</i>	Lynn Athmer Kati Schwierjohn Cole Schomaker	Brent Rickhoff	Ron Norrenberns Geri Norrenberns John Majchrzak Linda Majchrzak	Chloe Engelmann Lydia Engelmann Quinten Engelmann	Lynn Athmer John Majchrzak Phyllis Albers

Date	Communion Ministers	Readers	Ushers	Servers	Collection Counters
Sunday, March 8th 10:00 am <i>4th Grade Host</i>	Ray Gill Lynette Huegen Vicki Pittman	Meg Schiefer	Brian Zurliene Brooke Zurliene Dave Langenhorst Dave Wuebbels	Avery Wuebbels Riley Rolves Oliver Varel	Janel Zurline Vicki Pittman Sean Kennedy
Sunday, March 15th 10:00 am <i>3rd Grade Host</i>	Kristen Templin Sharon Wuebbels Robbin Netemeyer	Ray Gill	Kurt Rickhoff Allison Rickhoff Ken Lake Dana Lake	Wyatt Jung Jake Kloeckner Jillian Kloeckner	Tim Schroeder Keith Richter Kris Anne Becker
Sunday, March 22nd 10:00 am <i>2nd Grade Host</i>	Roman Kloeckner Lynn Athmer Meg Schiefer	Lynette Huegen	Brian Winkeler Nolan Winkeler Ed Wuebbels Sharon Wuebbels	Madi Wuebbels Kayle Reinhardt Connor Schomaker	Lynn Athmer Dana Lake James Williams

How to recite the Holy Rosary

1. SAY THESE PRAYERS...

IN THE NAME of the Father, and of the Son, and of the Holy Spirit. Amen. (*As you say this, with your right hand touch your forehead when you say Father, touch your breastbone when you say Son, touch your left shoulder when you say Holy, and touch your right shoulder when you say Spirit.*)

I BELIEVE IN GOD, the Father almighty, Creator of Heaven and earth. And in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate; was crucified, died, and was buried. He descended into Hell. The third day He rose again from the dead. He ascended into Heaven, and sits at the right hand of God, the Father almighty. He shall come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

OUR FATHER, Who art in Heaven, hallowed be Thy Name. Thy kingdom come. Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

GLORY BE to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

O MY JESUS, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

HAIL HOLY QUEEN, mother of mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

O GOD, WHOSE only-begotten Son by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

ANNOUNCE each mystery by saying something like, "*The third Joyful Mystery is the Birth of Our Lord.*" This is required only when saying the Rosary in a group.

2. IN THIS ORDER...

INTRODUCTION

1. IN THE NAME...
2. I BELIEVE IN GOD...
3. OUR FATHER...
4. HAIL MARY...
5. HAIL MARY...
6. HAIL MARY...
7. GLORY BE...
8. O MY JESUS...

THE FIRST DECADE

9. ANNOUNCE...
10. OUR FATHER...
11. HAIL MARY...
12. HAIL MARY...
13. HAIL MARY...
14. HAIL MARY...
15. HAIL MARY...
16. HAIL MARY...
17. HAIL MARY...
18. HAIL MARY...
19. HAIL MARY...
20. HAIL MARY...
21. GLORY BE...
22. O MY JESUS...

THE SECOND DECADE

23. ANNOUNCE...
24. OUR FATHER...
25. HAIL MARY...
26. HAIL MARY...
27. HAIL MARY...
28. HAIL MARY...
29. HAIL MARY...
30. HAIL MARY...
31. HAIL MARY...
32. HAIL MARY...
33. HAIL MARY...
34. HAIL MARY...
35. GLORY BE...
36. O MY JESUS...

THE THIRD DECADE

37. ANNOUNCE...
38. OUR FATHER...
39. HAIL MARY...
40. HAIL MARY...
41. HAIL MARY...
42. HAIL MARY...
43. HAIL MARY...
44. HAIL MARY...
45. HAIL MARY...
46. HAIL MARY...
47. HAIL MARY...
48. HAIL MARY...
49. GLORY BE...
50. O MY JESUS...

THE FOURTH DECADE

51. ANNOUNCE...
52. OUR FATHER...
53. HAIL MARY...
54. HAIL MARY...
55. HAIL MARY...
56. HAIL MARY...
57. HAIL MARY...
58. HAIL MARY...
59. HAIL MARY...
60. HAIL MARY...
61. HAIL MARY...
62. HAIL MARY...
63. GLORY BE...
64. O MY JESUS...

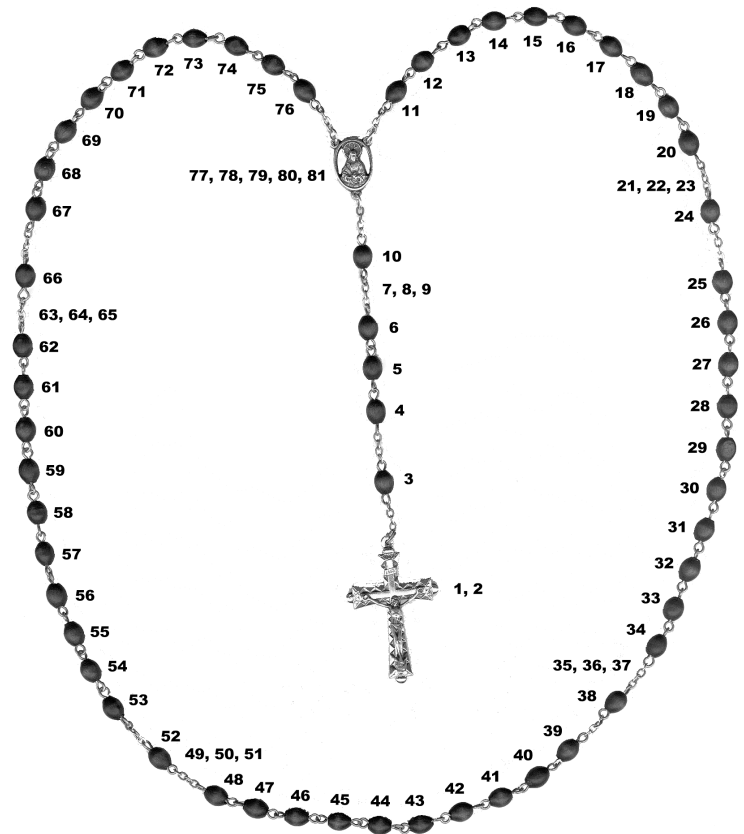
THE FIFTH DECADE

65. ANNOUNCE...
66. OUR FATHER...
67. HAIL MARY...
68. HAIL MARY...
69. HAIL MARY...
70. HAIL MARY...
71. HAIL MARY...
72. HAIL MARY...
73. HAIL MARY...
74. HAIL MARY...
75. HAIL MARY...
76. HAIL MARY...
77. GLORY BE...
78. O MY JESUS...

CONCLUSION

79. HAIL HOLY QUEEN...
80. O GOD, WHOSE...
81. IN THE NAME...

3. WHILE TOUCHING THESE BEADS TO KEEP TRACK OF YOUR PROGRESS...



4. AND SILENTLY MEDITATING ON THESE "MYSTERIES", OR EVENTS FROM THE LIVES OF JESUS AND MARY...

On Monday and Saturday, meditate on the "Joyful Mysteries"

- First Decade (Steps 9-22):** The Annunciation of Gabriel to Mary (Luke 1:26-38)
- Second Decade (Steps 23-36):** The Visitation of Mary to Elizabeth (Luke 1:39-56)
- Third Decade (Steps 37-50):** The Birth of Our Lord (Luke 2:1-21)
- Fourth Decade (Steps 51-64):** The Presentation of Our Lord (Luke 2:22-38)
- Fifth Decade (Steps 65-78):** The Finding of Our Lord in the Temple (Luke 2:41-52)

On Thursday, meditate on the "Luminous Mysteries"

- First Decade:** The Baptism of Our Lord in the River Jordan (Matthew 3:13-16)
- Second Decade:** The Wedding at Cana, when Christ manifested Himself (Jn 2:1-11)
- Third Decade:** The Proclamation of the Kingdom of God (Mark 1:14-15)
- Fourth Decade:** The Transfiguration of Our Lord (Matthew 17:1-8)
- Fifth Decade:** The Last Supper, when Our Lord gave us the Holy Eucharist (Mt 26)

On Tuesday and Friday, meditate on the "Sorrowful Mysteries"

- First Decade:** The Agony of Our Lord in the Garden (Matthew 26:36-56)
- Second Decade:** Our Lord is Scourged at the Pillar (Matthew 27:26)
- Third Decade:** Our Lord is Crowned with Thorns (Matthew 27:27-31)
- Fourth Decade:** Our Lord Carries the Cross to Calvary (Matthew 27:32)
- Fifth Decade:** The Crucifixion of Our Lord (Matthew 27:33-56)

On Wednesday and Sunday, meditate on the "Glorious Mysteries"

- First Decade:** The Glorious Resurrection of Our Lord (John 20:1-29)
- Second Decade:** The Ascension of Our Lord (Luke 24:36-53)
- Third Decade:** The Descent of the Holy Spirit at Pentecost (Acts 2:1-41)
- Fourth Decade:** The Assumption of Mary into Heaven
- Fifth Decade:** The Coronation of Mary as Queen of Heaven and Earth

You are encouraged to copy and distribute this sheet.

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