

# SEPTEMBER 2018 NEWSLETTER

## St. Bernard's Parish Faith Formation

Strange, isn't it, that man has enough sense to acquire wealth, but not enough to get ready for eternity?

-Max Lucado

### CLASSROOM ACTIVITIES

#### Grade 1:

The 1<sup>st</sup> grade class has been busy learning about the Story of the Creation. We have talked about all the gifts from God; giving praise for all the wonderful gifts; and about being caretakers and how we treat everything with care and respect. We watched a movie about the creation and Cain and Abel. Ask your child about the fruit tree and what happens. 😊

The 1<sup>st</sup> graders also have been working very hard on their daily prayers and mass conduct. Thank you parents for all support and remember you are always welcome to join us at Mass on any Tuesday or Thursday.

Going forward we will be learning about the Holy Trinity, the Holy Family, and touching a little bit on the bible. We will also be creating cards for the parishioners that are home bound, in nursing homes or sick. If you have anyone that would like to receive "Get Well Wishes" from the 1<sup>st</sup> graders, please let us know.

**-Janel Zurliene and Chris Huegen**

#### Grade 2:

Second grade is such an exciting year as we prepare for the sacraments of Reconciliation and First Holy Eucharist. We started the year discussing the importance of belonging to the Catholic Christian community and how we can serve others through prayer and kindness.

God has given us commandments to help us be the best version of ourselves. We've talked about the 10 commandments and what Jesus says is the greatest commandment of all..."you shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. And you shall love your neighbor as yourself."

Students recently received their workbooks from the Blessed series and we are excited to begin our preparations for the sacrament of Reconciliation. There will be a parent meeting on Wednesday, October 3rd, at 6:00 p.m. at St. Bernard Church to discuss the upcoming sacrament.

Important dates for the Sacraments of Reconciliation and First Eucharist:

- Wednesday, November 7, 2018 at 7:00 p.m. at St. Damian Church -Reconciliation Faith and Fun Night
- Sunday, December 2, 2018 at 1:00 p.m. at St. Damian Church – First Reconciliation



### UPCOMING EVENTS

#### SEPTEMBER 30

- St. Bernard Wurstmarkt featuring a Faith Formation Basket Raffle
- Blue Grass Music Masses:
  - 8:30 a.m. at St. Damian
  - 10:00 a.m. at St. Bernard
- Bring your Grandparents/ Godparents and others to these Masses for a special blessing:
  - 8:30 a.m. at St. Damian
  - 10:00 a.m. at St. Bernard
  - 11:00 a.m. Hispanic Mass at St. Damian

#### OCTOBER 5

- Mental Health Awareness and Memorial Walk in honor of Sydney Irizarry (see IN THE COMMUNITY for more information)

#### OCTOBER 20

- Food Drive for St. Vincent DePaul food pantry in Germantown – **bags will be dropped off**

- Saturday, March 30, 2019 at 9:00 a.m. at St. Bernard Parish Center – First Eucharist Mini-Retreat
- Sunday, April 28, 2019 at 10:00 a.m. Mass at St. Bernard Church - First Holy Eucharist

**-Angie Winkeler**

**Grades 3 and 4:**

3<sup>rd</sup> and 4<sup>th</sup> grade students are currently working on memorizing the books of the Old Testament and are doing a great job! During the month of September, we looked at stories from Genesis - focusing on Creation, Abraham, and Joseph's stories specifically. In the month of October, we will be looking at the story of Moses' life, as well as the Ten Commandments and how they apply to us today.

Student-led prayer always starts our mornings - on Fridays, we have our Prayer Circle. During this time, students can share prayer requests they may have and we pray together as a group. After our prayer, we usually sing our new Bible song "Ephesians 4:32" (see below - ask them to share it with you!)

This is a very creative, energetic group and I look forward to watching them grow in knowledge!

**"Be ye kind one to another, tenderhearted, forgiving one another; even as God, through Christ, has forgiven you." Eph. 4:32**

**-Robbin Netemeyer**

**Grades 5 and 6:**

While some time has been spent this past month on expectations in class and during Mass, we also covered the first few chapters dealing with the stories of creation. We are continuing with stories of faithfulness.

During the month of October, some time will be devoted to discussing and praying the mysteries of the rosary.

The fifth graders began their first rotation with weekday Mass prayer intentions the week of September 25.

A great big shout out to the fifth graders who are considering joining the youth choir and.... to the sixth grade cantors!

**-Kathy Engelmann and Kate Toennies**

**Grades 7 and 8:**

It has been a busy month, and there are many things we want to accomplish this year!

We are moving along in our Confirmation preparation workbooks, choosing our Saint name and beginning research to learn more about them. With so many things going on please check your e-mails regularly.

**REMINDER** - the Confirmation Rally at the Shrine of Our Lady of the Snows is Wednesday, October 10.

ALSO, MARK YOUR CALENDAR – Confirmation is Wednesday, May 1, 2019

God Bless,

**-Dana Lake, Pops Kennedy & Kelly Jansen**



**UPCOMING EVENTS CONT'D**

**OCTOBER 24**

- **REBOOT! Live! Event** featuring Chris Stefanick at 7:00 p.m. in the Mascoutah High School Theater.

For more information, go to: <http://www.holychildhoodchurch.com/REBOOT/Event.htm>

For tickets, contact Deacon Kevin at 314-660-3976, his wife Kristen at 314-651-8310, or the Real Life Catholic Website.

Tickets are \$15.00 each.

[Deaconkevin18@gmail.com](mailto:Deaconkevin18@gmail.com)

**OCTOBER 27**

- **Food Drive** for St. Vincent DePaul food pantry in Germantown – **bags will be picked up**

## FATHER ANTHONY'S GUIDANCE

*Attitude of Gratitude*

An attitude of gratitude means making it a habit to express thankfulness and appreciation in all parts of your life, on a regular basis, for both the big and small things alike. As Howes puts it, "If you concentrate on what you have, you'll always have more. If you concentrate on what you don't have, you'll never have enough."

Here is a menu of tactics (just pick a few!) he endorses to help develop this mindset:

- Wake up every day and express to yourself what you are grateful for
- Tell whoever you are with at the end of the day the 3 things you are most grateful for
- Tell whoever you are with right now (significant other, friend, family member, etc.) the 3 things that you are most grateful for in this moment
- Start a gratitude journal - Express gratitude in this journal every night by noting the things that you are grateful for, proud of, and excited about
- Acknowledge yourself for what you have done and accomplished in the last day/week/month/year. Instead of comparing yourself to others, give yourself credit for the big and small things you have been doing
- Acknowledge other people and thank them for inspiring/helping/supporting you – often times people wait their whole lives to be acknowledged (and yet it happens far too infrequently)

If the gratitude process is hard to get started, begin by asking yourself, "What could I be grateful for?", and see if the ideas start to flow. This is a mindset habit that is recommended by Tony Robbins in his book, *Awaken the Giant Within*.

Gratitude is not only the greatest of the virtues, but the parent of all of the others – Cicero (106–43bc)

Have a grateful month!

**-Fr. Anthony Onyango**

## THE DEACON'S CORNER

**Does your classroom have a patron saint? Here are 10 saints with a special connection to education:**

**St. Thomas Aquinas**, a brilliant scholar, is one of many patron saints of students.

**St. Catherine of Alexandria** was famous for her debating skills and is a patron of students, teachers, and librarians.

**St. Joseph of Cupertino**, famously a struggling student, is the patron of students taking exams.

**St. Gregory the Great**, a patron of teachers, was a pope and writer who invented the calendar we use today as well as a form of church music that bears his name (Gregorian chant).

**St. John Baptist de la Salle** worked to improve schools and is a patron of teachers.

## IN THE COMMUNITY

## MENTAL HEALTH AWARENESS AND MEMORIAL WALK IN HONOR OF SYDNEY IRIZARRY

Proceeds to benefit Swing for Sydney Foundation.

For more information, go to the **swingforsydney** Facebook page [here](#). To register, contact Andres at 618-920-6288 or Shelley at 314-541-2181.

Everyone is asked to pre-order (blue) Mental Health or (yellow) Suicide Awareness bows to display the weekend of October 5 – 8 for \$5.00 each. Bows are available at Albers Village Hall (248-5154) or by calling Andres or Shelley at the phone numbers above.

**St. Gemma Galgani**, a patron of students, is known for having been a conscientious student herself.

**St. Albert the Great** was one of St. Thomas Aquinas' teachers and is the patron of science students.

**St. John Berchmans** is a patron against gossip; he endeavored to say something nice about everyone.

**St. Aloysius Gonzaga** was so wise that by the age of 11 he was teaching catechism to other children. He is the patron of young students.

**St. Thèrése of Lisieux**, known for her "little way" of kindness toward others, struggled with social relationships in school and is an excellent patron for students.

**Just an added note of the importance of the children coming to Mass regularly on weekends with their families. On weekdays they attend Mass during Faith Formation sessions, but the children need to pray with their moms and dads at Mass also on the weekends. Praying together strengthens a family in more ways than we'll ever realize!!!! Joshua says', "as for me and my house, we will serve God."**

**Thank you for bringing the children to Mass!**

**Please remember – there won't be any Faith Formation report cards this year. If you have any questions, please contact me.**

**-Deacon Glenn**

"May you always be doing those good, kind things that show you are a child of God."

Phil 1:11 Living Bible (TLB)

## ADORATION WITH BENEDICTION

Starting Wednesday October 3rd – St. Bernard and St. Damian will be hosting a weekly Holy Hour with Benediction **every Wednesday**. (One exception Oct 24...due to the REBOOT event)

Adoration will start at 7:00 p.m. and will conclude with Benediction at 8:00 p.m.

The location will rotate on the SAME schedule as the Saturday Masses:

- October – St. Bernard
- November – St. Damian
- December – St. Bernard

And so on...

Here is a link of things to do during a Holy Hour...

<http://www.therealpresence.org/eucharst/pea/holyhour.html>

If you have any questions, please contact me at 314-660-3976.

**-Deacon Kevin**

## WHAT'S IN A NAME?

At Baptism, we are given the name chosen by our parents. It may give us a special connection with them or a particular friend. In Confirmation, we are invited to choose a name that encourages us to grow in a special virtue or lifestyle. Each parish is given a saintly patron or a title of our Savior.

As we celebrate St. Damian and St. Bernard, it is good opportunity to discover who they were and how each of them can be an example for us.

St. Damian was a twin. He and his brother Cosmas, as physicians, offered the gift of healing to their community. When accused of being Christians, they bravely confessed their faith and suffered martyrdom.

We can ask them to know our faith more truly and for the courage to live it practically.

**-Sister Ellen Orf**

## FAITH FORMATION WEEKDAY MINISTRY SCHEDULE

### St. Bernard's Ministry Schedule - October 2018

Contact Info: Angie Winkeler  
 Phone: 618-789-1699  
 Email: awinkeler@ezeeweb.com

Period start date: 10/2/2018  
 Period end date: 11/2/2018

Day	Date	Readers	Servers	Cantors	Voc. Prayer	Class Host
Tuesday	10/2/2018	Ana A. Kellen R.	Marco A. Wyatt J. Grant W.	Alaina H. Mallory S.	Brynley A.	2
Thursday	10/4/2018	Ben M. Riley R.	Herbert H. Carson Richter Ashlyn G.	Alaina H. Mallory S.	Isaac A.	2
Tuesday	10/9/2018	Jordyn S. Landon S.	Ana A. Cristina R. Violet H.	Corina H. Hayley L.	Emree A.	1
Thursday	10/11/2018	Kalie W. Jake K.	Jessenia T. Abby C. Trevor J.	Corina H. Hayley L.	Alejandra A.	1
Tuesday	10/16/2018	Bradley S. Lucero H.	Jake K. Alaina H. Rylee J.	Coryn Lydia Ashlyn	Lilly B.	8
Thursday	10/18/2018	Corina H. Violet H.	Brady R. Landon S. Jillian K.	Coryn Lydia Ashlyn	Alex C.	8
Tuesday	10/23/2018	Marco A. Madi W.	Kellen R. Andrew C. Sophia K.	Ana A. Jordyn S.	Trigg G.	7
Thursday	10/25/2018	Jacob K. Wyatt J.	Corinne W. Lydia E. Cole W.	Ana A. Jordyn S.	Kellan H.	7
Tuesday	10/30/2018	Brady R. Tessa S.	Avery W. Makenna L. Clayton J.	Corina H. Hayley L.	Adrienne R.	6
Thursday	11/1/2018	Lydia E. Carson Richter	Jacob K. Coryn T. Riley R.	Corina H. Hayley L.	Gabby R.	6

## COLLECTION/CHARITY OPPORTUNITIES

### ST. VINCENT DEPAUL FOOD DRIVE



The Albers and Damiansville Faith Formation students will be collecting food for the St. Vincent DePaul Food pantry in Germantown in October. Please be generous!

- Bags delivered to homes on October 20<sup>th</sup>
- Bags picked up from your homes on October 27<sup>th</sup>

### OUR LADY OF GUADALUPE

As we prepare for the feast of Our Lady of Guadalupe, the Hispanic community will be offering raffle tickets for this beautiful embroidered tablecloth from Mexico and a Christmas crib set.

For more information, please contact Sister Ellen at 636-293-8253 or [ellen\\_46@yahoo.com](mailto:ellen_46@yahoo.com).



### CARE FOR CREATION PROGRAM (SHOE DRIVE)

The Damiansville 5<sup>th</sup> and 6<sup>th</sup> grade Faith Formation class is collecting unwanted shoes, flip flops and boots until October 25<sup>th</sup>. They will be donated to The Franciscan sisters who will teach business principles in developing nations and to provide footwear in areas where it is most needed.

Shoes must be in pairs, have life left in them and no holes.

Shoes and boots can be brought to Damiansville School or dropped off at Kathleen Hodges' house any time. Please contact Kathleen at 618-604-8953 with your questions.

Too many shoes?



Not everyone has the same problem.